

PSHE/SRE Scheme of Work

Year 1 PSHE/SRE	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Cycle A/B	Myself & my relationships: 1- Working together- communication and co-operation. Value individuality. Simple decision making	Myself & my relationships: 1- Friendships and Difference- Making and keeping friends. Special people. Valuing difference	Citizenship 1: Rules and responsibilities- Rules and law in society, conflicting rights' / responsibilities, local / national democracy	Citizenship 2: Communities and Identities- Money in context, people who help us, needs of people, plants and animals, simple stereotypes.	Healthy & Safer lifestyles: 1- Growing and Changing 1- Keeping clean, external body parts, babies to adults.	Healthy & Safer lifestyles: Growing and Changing

Year 2 PSHE/SRE	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Cycle A/B	Rights, rules and responsibilities Cit5RR12	My Emotions MMR5 ME12 Anti-bullying MMR7 AB12	Working Together Cit3 WT12 Financial Capability EW1 FC12	Sex and relationships education HSL10 SR2 Drug Education HSL8 DE12	Managing Risk HSL4 MR12 Safety Contexts HSL8 SC12	Healthy Lifestyles HSL7 HL12

Year 3/4 PSHE/SRE	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Cycle A	Myself and My Relationships 9 Beginning and Belonging	Citizenship 8 Rights, Rules and Responsibilities	Myself and My Relationships 12 Anti-Bullying	Healthy and Safer Lifestyles 16 Personal Safety	Healthy and Safer Lifestyles 11 - Managing Risk	Healthy and Safer Lifestyles 13 & 17 SRE
Cycle B	Aut 1 Myself and My Relationships 11 Family and Friends	Aut 2 Economic Wellbeing 2 Financial Capability	Spr 1 Citizenship 6 Working Together	Spr 2 Citizenship 7 Diversity and Communities	Sum 1 Healthy and Safer Lifestyles 14 Healthy Lifestyles	Sum 2 Healthy and Safer Lifestyles 13 & 17 SRE

Year 5/6 PSHE/SRE	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Cycle A	Myself & My Relationships 14 MMR 14 BB56	Myself & My Relationships 15 MMR15ME56	Healthy & Safer Lifestyles 21 HSL 21 HL56	Healthy & Safer Lifestyles 22 HSL22 DE56	Economic Wellbeing 3 EW 3 FC56 Citizenship 9 Working Together CIT 9 WT56	Year 5 only - Healthy & Safer Lifestyles 20 HSL20 SR5 Year 6 only - Healthy & Safer Lifestyles 24 HSL24 SR6
Cycle B	Myself & My Relationships 16 MMR16 FF56	Myself & My Relationships 18 MMR18 MC56	Citizenship 11 CIT 11 RR 56	Citizenship 10 CIT 10 DC56	Healthy & Safer Lifestyles 18 HSL 18 MR 56 Healthy & Safer Lifestyles 23 HSL 23 PS56	Year 5 only - Healthy & Safer Lifestyles 20 HSL20 SR5 Year 6 only - Healthy & Safer Lifestyles 24 HSL24 SR6