

# PSHE/SRE Scheme of Work

Year 1 PSHE/SRE	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Cycle A/B	<b>Myself &amp; my relationships:</b> 1- Working together- communication and co-operation. Value individuality. Simple decision making	<b>Myself &amp; my relationships:</b> 1- Friendships and Difference- Making and keeping friends. Special people. Valuing difference	<b>Citizenship 1:</b> Rules and responsibilities- Rules and law in society, conflicting rights' / responsibilities, local / national democracy	<b>Citizenship 2:</b> Communities and Identities- Money in context, people who help us, needs of people, plants and animals, simple stereotypes.	<b>Healthy &amp; Safer lifestyles:</b> 1- Growing and Changing 1- Keeping clean, external body parts, babies to adults.	<b>Healthy &amp; Safer lifestyles:</b> Growing and Changing  <b>RSE units</b>

Year 2 PSHE/SRE	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Cycle A/B	<b>Rights, rules and responsibilities</b>  Cit5RR12	<b>My Emotions</b>  MMR5 ME12  <b>Anti-bullying</b>  MMR7 AB12	<b>Working Together</b> Cit3 WT12 <b>Financial Capability</b> EW1 FC12	<b>Drug Education</b> HSL8 DE12	<b>Managing Risk</b> HSL4 MR12 <b>Safety Contexts</b> HSL8 SC12	<b>Healthy Lifestyles</b> HSL7 HL12 <b>Sex and relationships education</b> HSL10 SR2  <b>RSE units</b>

Year 3/4 PSHE/SRE	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Cycle A	<b>Myself and My Relationships 9</b> Beginning and Belonging	<b>Citizenship 8 Rights, Rules and Responsibilities</b>	<b>Myself and My Relationships 12 Anti-Bullying</b>	<b>Healthy and Safer Lifestyles 16</b> Personal Safety	<b>Healthy and Safer Lifestyles 11</b> - Managing Risk	<b>Healthy and Safer Lifestyles 13 &amp; 17</b>  <b>RSE units</b>
Cycle B	<b>Aut 1</b>	<b>Aut 2</b>	<b>Spr 1</b>	<b>Spr 2</b>	<b>Sum 1</b>	<b>Sum 2</b>
	<b>Myself and My Relationships 11</b> Family and Friends	<b>Economic Wellbeing 2</b> Financial Capability	<b>Citizenship 6</b> Working Together	<b>Citizenship 7</b> Diversity and Communities	<b>Healthy and Safer Lifestyles 14</b> Healthy Lifestyles	<b>Healthy and Safer Lifestyles 13 &amp; 17</b>  <b>RSE units</b>

<b>Year 5/6 PSHE/SRE</b>	<b>Aut 1</b>	<b>Aut 2</b>	<b>Spr 1</b>	<b>Spr 2</b>	<b>Sum 1</b>	<b>Sum 2</b>
<b>Cycle A</b>	<b>Myself &amp; My Relationships 14</b>  MMR 14 BB56	<b>Myself &amp; My Relationships 15</b>  MMR15ME56	<b>Healthy &amp; Safer Lifestyles 21</b>  HSL 21 HL56	<b>Healthy &amp; Safer Lifestyles 22</b>  HSL22 DE56	<b>Economic Wellbeing 3</b> EW 3 FC56  <b>Citizenship 9</b> Working Together CIT 9 WT56	<b>Year 5 only - Healthy &amp; Safer Lifestyles 20</b> HSL20 SR5  <b>Year 6 only - Healthy &amp; Safer Lifestyles 24</b> HSL24 SR6  <b>RSE units (Y6 school nurse led)</b>
<b>Cycle B</b>	<b>Myself &amp; My Relationships 16</b>  MMR16 FF56	<b>Myself &amp; My Relationships 18</b>  MMR18 MC56	<b>Citizenship 11</b>  CIT 11 RR 56	<b>Citizenship 10</b>  CIT 10 DC56	<b>Healthy &amp; Safer Lifestyles 18</b>  HSL 18 MR 56  <b>Healthy &amp; Safer Lifestyles 23</b>  HSL 23 PS56	<b>Year 5 only - Healthy &amp; Safer Lifestyles 20</b>  HSL20 SR5  <b>Year 6 only - Healthy &amp; Safer Lifestyles 24</b>  HSL24 SR6  <b>RSE units (Y6 school nurse led)</b>