Reception PSHE/SRE	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
The scheme has been linked to the new	Objectives	Objectives	Objectives	Objectives	Objectives	Objectives
Development Matters Guidelines in the areas of Communication and Language, Personal, Social,	 Understand the concepts of 'Same' and 'Different' 	 Demonstrate and understand the links of small acts of kindness to inspire 	 Recognising and understanding, empathy and the perspective of others. 	 Demonstrate confidence in their own talents and empathise differences 	 Demonstrate critical thinking Practice collaboration 	 Understand how people can make positive differences
emotional Development and Understanding the World.	· Celebrate similarities and differences	others.	 Discuss nature and the life cycle 	• Show compassion	 Recognise emotions , including, unpleasant 	 Recognise the growth of trees and compare to the growth of the human brain
	· Demonstrate Self Confidence	 Name and recognise different emotions 	 Show understanding and recognise the 	for all creatures, humans and animals	emotions • Recap five senses and	 Demonstrate responsibility towards our environment
	 Think about and understand feelings and emotions 	 Recognise and Express kindness and create their own definition 	interconnectedness of all living things · Recall different	· Identify and understand different families similarities, differences and	 practice calming strategies Understand the importance of the human 	 Describe the differences in inclusion or being left out. Think about strategies to
	 Explore and understand the need for kindness and caring 	Book resources to support	emotions and recognise strategies to assist their emotions	uniqueness. · See things from different perspectives	brain Book resources to support	support others Recognise diversity positively
	Book resources to support	• The Secret Adventures of Anonymouse by	Book resources to support	Book resources to support	• The Monster in the Smoke by Deshan Tennekoon	Book resources to support
	· Marvellous Me by Maya Romer	Natalie Lynn Rekstad and Sophie Noelle Lynn · Curly the Chameleon by Lulu	• Faisel's not himself by Makram Ayache	· Yoshi is different by Deshan Tennekoon	· Nothando's Journey by Jill Apperson Manly	 A Tiny Seed – The Story of Wangari Maathai by Nicola Rijsdijk
	 These Feelings by Helen Lumgair 	Luckock · Ahmeds Journey by Jill Apperson Manly	• Biyu The Braeve Pea by Amulya Malladi	 Nisha And the Tiger by Jon Cox 	· Reha to the Rescue – Deshan Tennekoon	· Our Home by Saarah Ahmed
	· The Weather inside me! By Sheryl	Additional How can we play nicely in a group? What happens	• Thabo and the Trees by Isabella Duston	• Francisco's Family by Amber Paulson	Additional Role play scenarios: how	· Gokul's Game by Deshan Tennekoon
	Webster	if someone does something I do not	• Passing Clouds by Jon	· Zelda Goes on	could I help my friend who	· My Dream in the Draw by

• Ted the Tiger Tam by Kim Normanton	er like? What do good choices look like?	Сох	Holiday by Dehan Tennekoon Additional	is sad or hurt?	Megan Lotter
by Kim Normanton Additional Class rules and behaviour systems, what are the stars? What are house points? What are the marbles in t jar for? How can we make friends at school?	When is a good time to say sorry! E- safety initial discussion and activity	Additional School values Recap sharing	– school values E learning continued – safety online	What is 999? Strangers outside of school, how should I deal with this? Recap strangers and how to deal with this.	 Sydney the Seahorse by Cait Robertson Additional It is nearly the end of reception! What have I enjoyed about being in reception? What changes might happen in year one? What am I looking forward to about being in year 1? E learning – On line safety and opportunities explored

Communication and Language Understand how to listen carefully and why listening is important. Learn new vocabulary. Use new vocabulary through the day. Ask questions to find out more and to check they understand what has been said to them. Articulate their ideas and thoughts in well-formed sentences. Connect one idea or action to another using a range of connectives. Describe events in some detail. Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen. Develop social phrases. Engage in storytimes. Listen to and talk about stories to build familiarity and understanding. Retell the story, once they have developed a deep familiarity with the text; some as exact repetition and some in their own words. Use new vocabulary in different contexts.

Personal, Social and Emotional Development

See themselves as a valuable individual. Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Show resilience and perseverance in the face of challenge. Identify and moderate their own feelings socially and emotionally. Think about the perspectives of others. Manage their own needs.

Understanding the World

Talk about members of their immediate family and community. Name and describe people who are familiar to them. Comment on images of familiar situations in the past. Compare and contrast characters from stories, including figures from the past. Recognise that people have different beliefs and celebrate special times in different ways. Recognise some similarities and differences between life in this country and life in other countries. Explore the natural world around them. Describe what they see, hear and feel whilst outside. Understand the effect of changing seasons on the natural world around them.

The PSHE Journey in EYFS

Communication and Language – Listening, Attentio	on and Understanding.	Communication and Language – Speaking			
<u>ELG</u> - Listen attentively and respond to what they hear with relevant actions when being read to and during whole class discussions and set		<u>ELG</u> - Participate in small group, class and one to one discussions, offering their own ideas, using recently introduced vocabulary.			
Make comments about what they have heard and ask questions to conversations when engaged in back and forth exchanges with Those working at greater depth may Listen attentively and respond during larger group situations, e.g. ass Sustain concentration in more challenging contexts, e.g. following a multi-step instructions. Express their views on a topic/ storyline with references to the context Respond to how/ why questions succinctly.	their teachers and peers. sembly/ mass. pictureless book, responding to	 Offer explanations for why things might happen, making use of recently introduced vocabulary from stories, non-fiction, rhymes and poems when appropriate. Express their ideas and feelings about their experiences using full sentence, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher. Those working at greater depth may Show awareness of the listener, e.g. being expressive during show and tell, facing the audience, speaking in a clear, audible voice. Explaining and justifying a viewpoint. Use a range of vocabulary in lively and appropriate ways. 			
PSED- Self Regulation PSED- Ma					
PSED- Self Regulation	<u>PSED- Ma</u>	anaging Self	PSED- Making Relationships		
<u>PSED- Self Regulation</u> <u>ELG -</u> Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.	<u>ELG-</u> Be confident to try new a independence, resilience and	activities and show	<u>PSED- Making Relationships</u> <u>ELG -</u> Work and play cooperatively and take turns with others.		
<u>ELG -</u> Show an understanding of their own feelings and those	<u>ELG-</u> Be confident to try new a independence, resilience and challenge.	activities and show	<u>ELG -</u> Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers.		
 <u>ELG -</u> Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or 	<u>ELG-</u> Be confident to try new a independence, resilience and challenge. Explain the reasons for rules, l	activities and show perseverance in the face of know right from wrong and try ene and personal needs, nd understanding the	<u>ELG -</u> Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with		
 ELG - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an 	ELG- Be confident to try new a independence, resilience and challenge. Explain the reasons for rules, I to behave accordingly. Manage their own basic hygie including dressing, toileting, a	activities and show perseverance in the face of know right from wrong and try ene and personal needs, nd understanding the noices. pth may	 <u>ELG -</u> Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others needs. <u>Those Working at Greater Depth may</u> 		

Physical Development - Health and Self care

ELG - Discusses the effect exercise/ activity has on their body.

Knows some healthy choices we can make with regard to physical activity, food, sleep and hygiene (including oral hygiene)

Those working at greater depth may...

Knows why some foods are healthier, e.g mentions nutrients and growth.

Describes the effects of poor oral health, lack f sleep and unhealthy food choices in more depth.

Makes considered healthy choices and talks about their physical health with understanding of how we influence it.

Understanding the World – Past and Present

<u>ELG-</u> Talk about the lives of the people around them and their roles in society.

Know some similarities and differences between things in the past and now, drawing on their experiences and what had been read in class.

Understand the past through settings, characters and events encountered in books read in class and storytelling.

Those working at greater depth may...

Suggest reasons why people's lives were different in the past, making more thoughtful links, e.g, 'we don't have photos of Jesus as there were no cameras then.'

Have a personal interest in a particular character/ period/ area of the past that they are knowledgeable about.

Make links between how events in the past have influenced our present, E.G when listening to Amelia Earharts story, discussing the opportunities women have today

Understanding the World – People, Cultures and Communities

<u>ELG -</u> Describe their immediate environment using knowledge from observation, discussion, stories, non-fiction text and maps.

Know some similarities and differences between different religious and cultural communities in this country, drawing on own experiences and those in class.

Those working at greater depth may...

Share their knowledge of cultural events they have experienced in detail, showing deeper levels of fascination and understanding.

Understand that people have different beliefs/ customs/ traditions, and it is important we respect these.

Make more thorough comparisons between different countries, linking them to their own interests.

PSHE Scheme of Work H = Healthy Eating/DT or Science HS = Health & Safety lessons E = Keep healthy through exercise/PE or Science E-S = E-safety/Computing WB = Well-being/SEND BV =British Values D=Diversity T = Links to the leading theme/termly topic

Year 1/2 Aut 2 Spr 2 Sum 1 Sum 2 Aut 1 Spr 1 **PSHE/SRE** Year 1 H&SL HL 1/2 H&SL MSR DL 1/2 RSE & H&SL MSR 1/2 C DC 1/2 MMR BB 1/2 MMR ME 1/2Myself & My Myself & My Citizenship Healthy & Safer Healthy & Safer **PSHE Scheme** RSE **Relationships Relationships** Diversity & Lifestyles Lifestyles (Christopher Winter Healthy Lifestyles **Digital Lifestyles** Beginning & My Emotions Communities Project – 3 lessons) BV/DT (TG Digital Lifestyle) Belongings **WB** H E (If a short term – - some covered with **WB** H&SL MSR 1/2 complete a Gooseberry Gooseberry. Healthy & Safer lesson) Written outcome -Written outcome -Written outcome -Lifestyles Written outcome -What makes a Draw people who Written outcome – E-Who helps me in Managing Safety & Risk My healthy good friend? are special / in my community? safety piece/Project HS lunchbox-Eatwell your immediate Evolve (Label a picture) Plate Written outcome –Safe familv strategy if I am lost. E-safety/ E-safety/ E-safety/ E-safety/ E-safetv/ **E-safety lessons** E-safetv 1 x Project Evolve 1 x Project Evolve 1 x Project Evolve **1 x Project Evolve** 1 x Project Evolve 2 x Project Evolve lesson lesson lesson lesson lesson lesson Gooseberry app game 1 x Gooseberry 1 x Gooseberry 1 x Gooseberry 1 x Gooseberry 1+ x Gooseberry **Playground** (Lesson **Playground** (Lesson **Playground** (Lesson **Playground** (Lesson Playground (Lesson 5 & 1 x Tchr Gooseberry 3 & Gooseberry app 4 & Gooseberry monitoring & circle time 1 & Gooseberry 2 & Gooseberry Gooseberry app game) app game) app game) game) app game) if needed 1 x Tchr 1 x Tchr Gooseberry Gooseberry monitoring & circle monitoring & circle time if needed time if needed

Year 2	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
PSHE Scheme	MMR FF 1/2 Myself & My Relationships Family & Friends WB	MMR AB 1/2 Myself & My Relationships Antibullying WB / D	MMR AB 1/2 Myself & My Relationships Antibullying WB / D HSL PS 1/2	HSL DE 1/2 Healthy & Safer Lifestyles Drug Education WB / HS	EW FC 1/2 Economic Wellbeing Financial Capability WB	MMR MC 1/2 Myself & My Relationships Managing Change WB
	Cit RR12 Citizenship		Healthy & Safer Lifestyles Personal safety			RSE (Christopher Winter
	BV / WB		WB / E-S			Project – 3 lessons)
	Written outcome – Who are my special people? How do they help?	Written outcome – Willy the Wimp – how does bullying make people feel?	Written outcome – Scenarios of how to help with bullying.	Written outcome – Medicine rules/safety poster	Written outcome – Where do I get money from and what can I do with it?	Written outcome – Labelled diagram of the body
E-safety lessons	E-safety 1 x Project Evolve lesson 1 x Gooseberry Playground (Lesson 6 & Gooseberry	E-safety 1 x Project Evolve lesson 1 x Gooseberry Playground (Lesson 7 & Gooseberry	E-safety 1 x Project Evolve lesson 1 x Gooseberry Playground (Lesson 8 & Gooseberry app	E-safety 1 x Project Evolve lesson 1 x Gooseberry Playground (Lesson 9 & Gooseberry	E-safety 1 x Project Evolve lesson 1 x Gooseberry Playground (Lesson 10 & Gooseberry app	E-safety/ 2 x Project Evolve lesson Gooseberry app game 1 x Tchr Gooseberry monitoring & circle time
	app game	app game) 1 x Tchr Gooseberry monitoring & circle time if needed	game	app game) 1 x Tchr Gooseberry monitoring & circle time if needed	game)	if needed

PSHE Scheme of Work H = Healthy Eating/DT or Science HS = Health & Safety lessons E = Keep healthy through exercise/PE or Science E-S = E-safety/Computing WB = Well-being/SEND BV =British Values D=Diversity T = Links to the leading theme/termly topic

Year 3/4 PSHE/SRE	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Year 3	NB 2 units covered this term MMR BB 3/4	H&SL DL 3/4	C DC 3/4	H&SL DL 3/4	H&SL MSR 3/4	NB 2 units covered this term H&SL HL 3/4
PSHE Scheme	Beginning & Belonging (start of term) WB	Healthier & Safer Lifestyles Digital Lifestyles <mark>E-S</mark>	Citizenship Diversity & Communities (Working Together) D	Healthier & Safer Lifestyles Digital Lifestyles E-S	Managing safety & risk (What to do in an emergency?) HS WB	& RSE H&SL HL 3/4 Healthy Lifestyle H T
	MMR ME 3/4 My Emotions WB Written outcome – consequences of choices	Written outcome – Google Slides File/scrapbook on e- safety	Written outcome – Similarities & differences	Written outcome – Google Slides File/scrapbook on e- safety	Written outcome – What to do in an emergency?	Written outcome – Balanced meals exercise diary Leaflet 'What to do if' RSE (Christopher Winter Project – 3 lessons)
E-safety lessons	E-safety 1 x Project Evolve lesson 1 x Gooseberry Street (Lesson 1 & Gooseberry app game)	E-safety 5-6 x Project Evolve lesson (linked to the termly topic) 1 x Gooseberry Street (Lesson 2 & Gooseberry app game 1 x Tchr Gooseberry monitoring & circle time if needed	E-safety 1 x Project Evolve lesson 1 x Gooseberry Street (Lesson 3 & Gooseberry app game)	E-safety 1 x Project Evolve lesson 1 x Gooseberry Street (Lesson 4 & Gooseberry app game) 1 x Tchr Gooseberry monitoring & circle time if needed	E-safety 1 x Project Evolve lesson 1 x Gooseberry Street (Lesson 5 & Gooseberry app game)	E-safety/ 2 x Project Evolve lesson Gooseberry app game 1 x Tchr Gooseberry monitoring & circle time if needed

Year 4	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
PSHE Scheme	MMR FF 3/4 Myself and My relationships 11 Family and friends (GOFO) WB Written outcome – Recipe for a friend	C RRR 3/4 Citizenship 8 Rights, rules and responsibilities (NB) WB Written outcome – Matching Rules and responsibilities activities	H&SL DE 3/4 Healthy and safer Lifestyles 15 Drug Education Written outcome – dogs & rugs response sheet	H&SL PS 3/4 Healthy and safer lifestyles 16 Personal safety Written outcome – Description of a safe place	MMR AB 3/4 Myself and My relationships 12 Anti Bullying (SNTB) WB Written outcome – Mind map of bullying	RSE (Christopher Winter Project – 3 lessons) MMR MC 3/4 Myself and My relationships 13 Managing change (RC) WB Written outcome – Fortune teller
E-safety lessons	E-safety 1 x Project Evolve lesson 1 x Gooseberry Street (Lesson 6 & Gooseberry app game)	E-safety 1 x Project Evolve lesson 1 x Gooseberry Street (Lesson 7 & Gooseberry app game) 1 x Tchr Gooseberry monitoring & circle time if needed	E-safety 1 x Project Evolve lesson 1 x Gooseberry Street (Lesson 8 & Gooseberry app game)	E-safety 1 x Project Evolve lesson 1 x Gooseberry Street (Lesson 9 & Gooseberry app game) 1 x Tchr Gooseberry monitoring & circle time if needed	E-safety 1 x Project Evolve lesson 1 x Gooseberry Street (Lesson 10 & Gooseberry app game)	E-safety/ 2 x Project Evolve lesson Gooseberry app game 1 x Tchr Gooseberry monitoring & circle time if needed

Year 5/6 PSHE/SRE	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Year 5	(First week only)		H &SL TG DL			
	MMR BB 5/6	C RR 5/6	Healthy & Safer Lifestyles		H&SL HL 5/6	RSE
PSHE Scheme	Myself & My	Citizenship	Digital Lifestyles		Healthy & Safer	(Christopher Winter
	Relationships	Rights, Rules &	E-S	E-S	Lifestyles	Project – 3 lessons)
	Beginning &	Responsibility	Healthy & Safer Lifestyles Digital Lifestyles	Healthy & Safer Lifestyles Digital Lifestyles	Healthy Lifestyles	
	Belonging	BV T	2.9.00.2.001,000		HS	
	MMR ME 5/6 Myself & My Relationships My Emotions WB		Written outcome – A written piece discussing/reflecting contact & conduct online	Written outcome – A written piece which shows the positive & negative effects of online		H&SL MSR 5/6 Healthy & Safer Lifestyles Managing Safety and Risk HS
	Written outcome – I can suggest ways to keep my mind healthy.	Written outcome – Write a class charter / rules to follow & signed		content. (Links to mental & physical wellbeing online.)	Written outcome – Ways to keep healthy and what will happen to my health if I do not exercise?	Written outcome – A piece linked to one of the RSE lessons or How can I safely get the attention of a known or unknown adult in an emergency?
	E-safety	E-safety	E-safety	E-safety	E-safety	E-safety/
E-safety lessons	1 x Project Evolve lesson	1 x Project Evolve lesson	1 x Project Evolve lesson	1 x Project Evolve lesson	1 x Project Evolve lesson	2 x Project Evolve lesson
	1 x Gooseberry	1 x Gooseberry	1 x Gooseberry	1 x Gooseberry	1 x Gooseberry	Gooseberry app game
	Village (Lesson 1 &	Village (Lesson 2 &	Village (Lesson 3 &	Village (Lesson 4 &	Village (Lesson 5 &	7 11 0
	Gooseberry app	Gooseberry app	Gooseberry app game)	Gooseberry app	Gooseberry app game)	1 x Tchr Gooseberry
	game)	game)		game)		monitoring & circle time if needed
		1 x Tchr		1 x Tchr		
		Gooseberry		Gooseberry		
		monitoring & circle		monitoring & circle		
		time if needed		time if needed		

Year 6	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
PSHE Scheme	(First week) MMR BB 5/6 Myself & My Relationships Beginning & Belonging MMR FF 5/6 Myself & My Relationships Family & Friends	MMR AB 5/6 Myself & My Relationships Anti-bullying BV / WB / E-S	C DC 5/6 Citizenship Diversity & Communities D T	H&SL DE 5/6 Healthy & Safer Lifestyles Drug Education HS T	H&SL PS 5/6 Healthy & Safer Lifestyles Personal Safety HS / E-S	RSE (Christopher Winter Project – 3 lessons) MMR MC 5/6 Myself & My Relationships Managing Change
	BV					
E-safety lessons	E-safety 1 x Project Evolve lesson 1 x Gooseberry Village (Lesson 6 & Gooseberry app game)	E-safety 1 x Project Evolve lesson 1 x Gooseberry Village (Lesson 7 & Gooseberry app game) 1 x Tchr Gooseberry monitoring & circle time if needed	E-safety 1 x Project Evolve lesson 1 x Gooseberry Village (Lesson 8 & Gooseberry app game)	E-safety 1 x Project Evolve lesson 1 x Gooseberry Village (Lesson 9 & Gooseberry app game) 1 x Tchr Gooseberry monitoring & circle time if needed	E-safety 1 x Project Evolve lesson 1 x Gooseberry Village (Lesson 10 & Gooseberry app game)	E-safety/ 2 x Project Evolve lesson Gooseberry app game 1 x Tchr Gooseberry monitoring & circle time if needed