

Introduction

Personal Social and Health Education (PSHE) and Citizenship at Oakdale Primary School help enable children to create and develop positive, respectful relationships with their peers. Equally vital is the need to develop the knowledge, skills and understanding that children need to lead confident, healthy, independent lives and to become informed, active and responsible citizens. Such skills are linked to effective learning and performing in a socially acceptable way. As such, they are fundamental to school well-being and improvement. At Oakdale Primary School believe that PSHE underpins all other aspects of children's learning as it enables them to become responsible, resilient, and life-long learners.

Oakdale has shared values and common expectations of children's personal development and social interaction. Adults are role models and children should be treated with respect by adults and fulfil the behaviour expectations outlined in the behaviour policy.

Organisation of Curriculum Provision

PSHE is taught through: weekly circle times (themes linked to the Cambridgeshire PSHE Service Scheme of work), planned extended lessons to consolidate circle time discussions and cross-curricular learning opportunities.

Teaching methods and learning approaches will be varied and could include elements of: discussion; group work; problem solving; high order questioning skills; listening; information gathering and sharing; circle time; working with feelings and imagination; reflection; drama and role play.

Learning opportunities for PSHE exist across the curriculum, in particular, in Science (Healthy lifestyles), DT (Healthy food choices), PE (Healthy lifestyles), Computing (E-safety and developing positive online relationships). These cross-curricular lessons also encourage group work requiring communication and co-operation and promote our school values.

Curriculum enrichment activities such as: assemblies; visits; supporting charities; healthy lifestyle weeks; safety awareness days.

Assessment

The PSHE coordinator is responsible for the monitoring cycle that provides an overview of the quality of teaching and learning taking place in PSHE lessons.

One written assessment piece per half term in the topic books.

Reports are written yearly. Children and parents will be informed if they are working at, below or beyond national expectations for physical education.

Oakdale Primary School PSHE Policy



Policies Supporting PSHE

Separate policies covering areas linking to PSHE:

- RSE policy
- Health and Safety policy
- Safeguarding policy
- Behaviour and Anti-Bullying policy
- Special Educational Needs policy
- ICT policy (e-safety)
- Race discrimination
- RE
- Equality and Opportunities policy

Roles and Responsibilities

This policy was developed through discussions with staff and governors. The policy will be presented to all staff and governors and a copy made available to them.

PSHE Co-ordinator is responsible for the delivery of the curriculum.

Schemes of work and Curriculum

Oakdale follows the Cambridgeshire PSHE Service Scheme of work. The frameworks cover four themes which make up the complete PSHE programme: Myself and My Relationships, Citizenship, Healthy and Safer Lifestyles and Economic Wellbeing. Non-statutory elements from the programme taught include: road safety, water safety and economic wellbeing.

The Reception class follows the Early Learning Goals for Personal, Social and Emotional Development.

Cambridgeshire Primary Personal Development Programme Frameworks cover the following:

Relationships Education:

- Families & People who care for me
- Caring Friendships
- Respectful Relationships
- Online Relationships
- Being Safe



Health Education:

- Mental Wellbeing
- Internet Safety & Harms
- Physical Health & Fitness
- Healthy Eating
- Drugs, Alcohol & Tobacco
- Health & Prevention
- Basic First Aid
- Changing Adolescent Body

Involvement of Parents and Carers

The most powerful PSHE education is a collaboration between school wider community. We will offer support to any parent or carer through discussions or material for you to explore further at home. Our school website includes the PSHE topic covered in each year group and information is included on our start of term letters.