

OAKDALE PRIMARY SCHOOL



PE Policy

Aims of our PE Curriculum

Date approved

Date of next Review

Introduction to PE

At Oakdale Primary School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle.

Our objectives in the teaching of PE align with the National Curriculum (NC) in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

Our Vision

In line with the NC our school values of Care, Respect, Collaboration, aspiration and challenge link neatly with our PE vision using the '4 Cs'.

- **Competence**- Children have a clear line of progression that supports them in taking part and learning a variety of skills and sports.
- **Confidence**- Children will develop a sense of control in their abilities and understand take on the role of ownership. They will be able to recognise transferable skills.
- **Cooperation**- Children will develop the lifelong skills of teamwork, resilience, understanding the value of friendship and for some leadership skills abilities.
- **Competition**- This provides the children with ownership and acknowledgment. Through the development of the other 3C's they will be managing their own emotions and how to show tolerance and respect.

Teaching and Learning

Our PE lessons are planned using the Get Set 4 PE platform. This aligns with our school values and vision and the objectives laid out in the NC. Get Set 4 PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school.

Together we have created a broad and balanced curriculum that is exciting for our children to work through. Our long-term curriculum map for each year group provides a variety of skills and sports progression. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the NC and assessment for that unit. Our short-term plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

PE is taught over two, 1-hour sessions per week. We work in partnership with Key Sports where the sports coaches not only cover a scheme alongside the teachers every term, they also provide extra curricular clubs during lunchtimes and afterschool.

Class TA's support all PE lessons and are able to support those that may require 1:1 support.

To encourage a whole school approach to keeping healthy, we created 'Get Moving in January' where the children and teachers had to complete a physical challenge every day. This sparked fun and a competition for the whole school.

We have joined the Nene Park Academy Primary School Sports festivals which has allowed children to learn new skills, meet other children from other school as well as encourage competition.

In summer term we will hold our annual Sports Day where all children will be involved in a variety of activities.

Assessment

Our teachers assess the childrens work in PE, both by making informal judgements, as they observe them during lessons, and through assessing against the specific objectives set out in the NC and recorded using the Get Set 4 PE assessment software. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. These resources include the Get Set 4 PE progression of skills document, progression ladders and knowledge organisers.

The planning and reviewing and coordination of the teaching of PE is the responsibility of the subject leader who:

- Supports colleagues in their teaching.
- Evaluates the strengths and areas for development in the subject through staff and pupil voice questionnaires.
- Reviews evidence of the childrens work and observes PE lessons.
- The quality of teaching and learning is monitored and evaluated by the subject leader and overseen by the Head of school.

EYFS

We encourage the physical development of our children in the reception class as part of their daily work. As these classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals which underpin the curriculum planning for children aged three to five years of age.

We encourage children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Health and Safety

We recognise that participation in PE and physical activities contain an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate. For example, physical disability, asthma.

Staff know about the safe practices involved in moving and using apparatus. Pupils wear appropriate clothing, remove jewellery and tie back long hair. If the removal of jewelery or studs is not possible they should be secured by tape. Our PE kit is easily available and appropriate and spare sets are kept available in school.

Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics, dance or yoga.

Correct use of equipment is taught, and children are made aware of potential hazards.

Equipment and apparatus are stored safely.

Pupils are taught and reminded to consider not only their own safety but that of others at all times.

The PE Lead will undertake annual risk assessments of equipment and any immediate problems are reported and the equipment is removed. Risk assessments are in place for all school sporting trips.